june 11th-june 14th						
	Monday	Tuesday	Wednesday	Thursday	Key	
7:45 AM						on ice
8:00 AM	7:45-8:15 jump class	7:45-8:15 moves/dance session	7:45-8:15 spins class	7:45-8:15 moves/dance session		off ice
8:15 AM	8:15-8:30 stroking/edges class	8:15-8:30 power class	8:15-8:30 stroking/edges class	8:15-8:30 power class		snack/lunch breaks
8:30 AM						
8:45 AM						
9:00 AM						
9:15 AM	8:45-9:45 off ice jumps/spins/stretching	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga		
9:30 AM						
9:45 AM	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions		
10:00 AM						
10:15 AM						
10:30 AM						
10:45 AM	10-11 freestyle		10-11 freestyle			
11:00 AM						
11:15 AM	11-11:30 freestyle	10-11:30 public session	11-11:30 freestyle	10-11:30 public session		
11:30 AM						
11:45 AM						
12:00 PM						
12:15 PM	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch		
12:30 PM						
12:45 PM		12:30-1 talking topic		12:30-1 talking topic		
1:00 PM						
1:15 PM	12:30-1:30 yoga	1-1:30 off ice harness	12:30-1:30 yoga	1-1:30 off ice harness		
1:30 PM						

july9th-july 13th								
	Monday	Tuesday	Wednesday	Thursday	Friday		Key	
7:45 AM								on ice
8:00 AM	7:45-8:15 jump class	7:45-8:15 moves/dance session	7:45-8:15 spin class	7:45-8:15 moves/dance session	7:45-8:15 moves/dance session			off ice
8:15 AM	8:15-8:30 stroking/edges class	8:15-8:30 power class	8:15-8:30 stroking/edges class	8:15-8:30 power class	8:15-8:30 stroking/edges class			snack/lunch breaks
8:30 AM								
8:45 AM								
9:00 AM								
9:15 AM	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga			
9:30 AM								
9:45 AM	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions			
10:00 AM					10-10:15 choeography			
10:15 AM								
10:30 AM								
10:45 AM	10-11 freestyle		10-11 freestyle					
11:00 AM					10:15-11:15 freestyle			
11:15 AM	11-11:30 freestyle	10-11:30 public session	11-11:30 freestyle	10-11:30 public session				
11:30 AM								
11:45 AM								
12:00 PM								
12:15 PM	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch			
12:30 PM								
12:45 PM		12:30-1 talking topic		12:30-1 talking topic				
1:00 PM								
1:15 PM	12:30-1:30 yoga	1-1:30 off ice harness	12:30-1:30 yoga	1-1:30 off ice harness	12:30-1:30 yoga			
1:30 PM								

july 16th-July 20th					
	Monday	Tuesday	Wednesday	Thursday	Friday
7:45 AM					
8:00 AM	7:45-8:15 jump class	7:45-8:15 moves/dance session	7:45-8:15 spin class	7:45-8:15 moves/dance session	7:45-8:15 moves/dance session
8:15 AM	8:15-8:30 stroking/edges class	8:15-8:30 power class	8:15-8:30 stroking/edges class	8:15-8:30 power class	8:15-8:30 stroking/edges class
8:30 AM					
8:45 AM					
9:00 AM					
9:15 AM	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga	8:45-9:45 Dance/Stretch Class with Olga
9:30 AM					
9:45 AM	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions	9:45-10 snack break in concessions
10:00 AM					10-10:15 choeography
10:15 AM					
10:30 AM					
10:45 AM	10-11 freestyle		10-11 freestyle		
11:00 AM					10:15-11:15 freestyle
11:15 AM	11-11:30 freestyle	10-11:30 public session	11-11:30 freestyle	10-11:30 public session	
11:30 AM					
11:45 AM					
12:00 PM					
12:15 PM	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch
12:30 PM					
12:45 PM		12:30-1 talking topic		12:30-1 talking topic	
1:00 PM					
1:15 PM	12:30-1:30 yoga	1-1:30 off ice harness	12:30-1:30 yoga	1-1:30 off ice harness	12:30-1:30 yoga
1:30 PM					

Key	
	on ice
	off ice
	snack/lunch breaks